



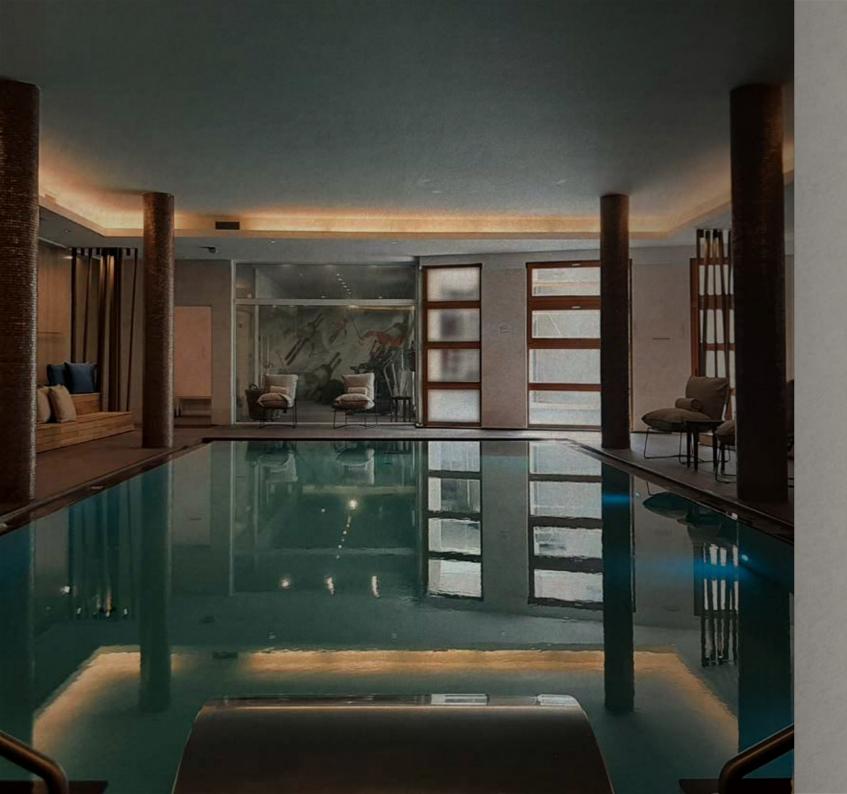
## PERFECTING YOUR JOURNEY

Discover a sanctuary of bliss and tranquillity in the heart of the majestic Dolomites at The Savoia Spa. Begin an exceptional wellness journey dedicated to relaxation and rejuvenation.

An innovative spa concept based on of immersive ambiance and natural design, The Savoia Spa is home to a range of bespoke treatments designed to reconnect you with inner peace. Using a unique blend of natural Italian essential oils and contemporary techniques, our range of services will leave you feeling reinvigorated and refreshed.

From beauty treatments to massage, The Savoia Spa is your haven from the world. A place to unwind and prepare for another incredible day.

For the Love of Spa.



# 5

## **EXCEPTIONAL FACILITIES**

A stunning, heated indoor pool complete with elegant swan neck faucets awaits to relieve tired muscles with a gentle soak or restorative swim. Relax in the refreshing waters, or head to our state-of-the-art gym to enjoy an invigorating workout, complete with personal trainers to guide you through a fitness regime tailored to any level of challenge.

Ease away the troubles of the day with a therapeutic sauna, or clear the skin and airways by retreating to our luxury steam room. The perfect way to kick back after another day of exploring the mountains, and prepare yourself for all the adventures to come.



## UPLIFTING SPA RITUALS

With a focus on instilling a deep sense of mental and physical relaxation, the Savoia Spa rituals are perfectly suited after a ski or hiking day, or the need to rejuvenate. The soothing flowing relaxation techniques work to reduce muscular tension and enable the body to start healing itself.

#### SAVOIA REJUVENATION RITUAL

Create a sense of deep and lasting relaxation by combining a massage and facial for an intensely soothing experience.

#### SAVOIA RECOVERY RITUAL

Dissolve stress and tension with this full body treatment of back, neck and shoulder massage, mini foot massage and mini-Indian head massage using Comfortzone essential oils.

#### DOLOMITES WELLBEING RITUAL

A combination of the 7-step Regeneration ritual by ComfortZone and the Mediterranean traditions of warmth and vibrancy, this massage and facial ritual both soothes and prepares you for all the joys of mountain life.







## PERSONALISED ORGANIC FACIAL

An elivening facial tailored to your skin's needs, using organic and sustainably sourced ingredients from our partner natural italian oil by comfort zone.

#### OPTIONAL

- Add 30-minutes to your treatment
- . includes use of your personal steam room and shower
- include your own cleansing mud for personal application

## **BODY SCRUB AND WRAP**

An invigorating mineralising and deep cleansing mud mask for the body, using unique Himalayan Salt stones together with a mud wrap by Comfort Zone.

#### OPTIONAL

- Choose either back, neck & shoulder, or leg & foot massage
- · Use your personal steam room and shower

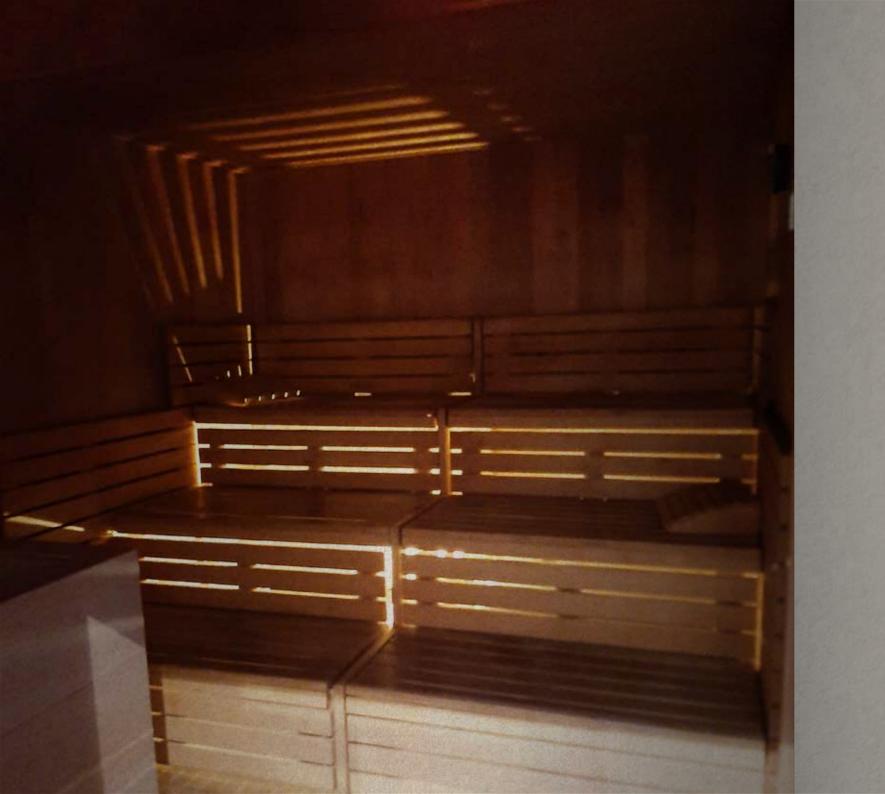


# PERSONALISED FULL BODY MASSAGE

A deeply relaxing full body massage, using incredible local Italian essential oils blended especially for your skin type.

#### OPTIONAL

- Includes the addition of warm basalt stones to improve muscle flexibility
- 'Body active' signature massage. If you prefer firmer pressure or suffer from muscle aches and pains, and to prevent injury
- Smooth and revitalised skin using himalayan salt stones
- Add 30 minutes to your treatment
- · Includes use of your personal steam room and shower
- Include your own cleansing mud for personal application



## THERMAL SUITE

After a long day on the slopes, exploring the mountains, or before one of our signature treatments, the Savoia Spa Thermal Suite complements the overall feeling of health and wellbeing that is central to our spa experience. Our exceptional facilities are designed to increase your circulation, exfoliate dead skin and remove toxins to create a natural, healthy glow, inside and out.

Relieve muscle tension with a gentle soak in our 15m heated indoor swimming pool, complete with a large jacuzzi, or choose from multiple steam and sauna options. Intense and soft heating options are available to suit every taste, with easy access to showers and an ice fountain to perfectly refresh both body and mind, and prepare yourself for the adventures to come.



## COMFORTZONE

With our exclusive partnership with Comfortzone, The Savoia Spa brings you the perfect blend of beauty and quality with their outstanding range of essential oils and beauty products.

Comfortzone is one the world's leading producers of naturally and sustainably sourced products that are expertly crafted to inspire health and vitality for both body and soul. Iconic as a supplier of premium beauty and skincare products, Comfortzone's philosophy is to create good for all in the world with a balanced approach to beauty. Inspired by our breath-taking natural surroundings, this a philosophy we have taken to heart here at The Savoia Spa, and we are happy to join Comfortzone in their mission to help the skin's ecosystem reach its optimal balance and vitality in an ever-changing environment by using them throughout our signature and bespoke treatments.

Discover a truly transformational experience for face and body with Comfortzone at The Savoia Spa.





## SAVOIA GYM

Enjoy an invigorating workout at our state-of-the-art Technogym, equipped with the very latest in exercise equipment to achieve superior results. Maximise your potential and reach all your fitness goals with a high-quality range of cardiovascular and resistance machines, that is simple to use and accessible to all levels of physical ability.

Create your own bespoke exercise regime with our innovative MyWellness programme, complete with online studio classes, cycling groups, and fitness sessions you can join at your own convenience directly via the equipment in our gym.

Alternatively, combine your classes and gym visits with unique fitness and spa treatment package, or co-ordinate your visit with the variety of outdoor activities available in the region for the ultimate wellbeing experience,





## SERVICES

## **BLOW DRY BAR**

Classic blow-dry Styling session

## MANICURE

Traditional finish
Gel Nail finish
Quick colour or nail fix

## PEDICURE

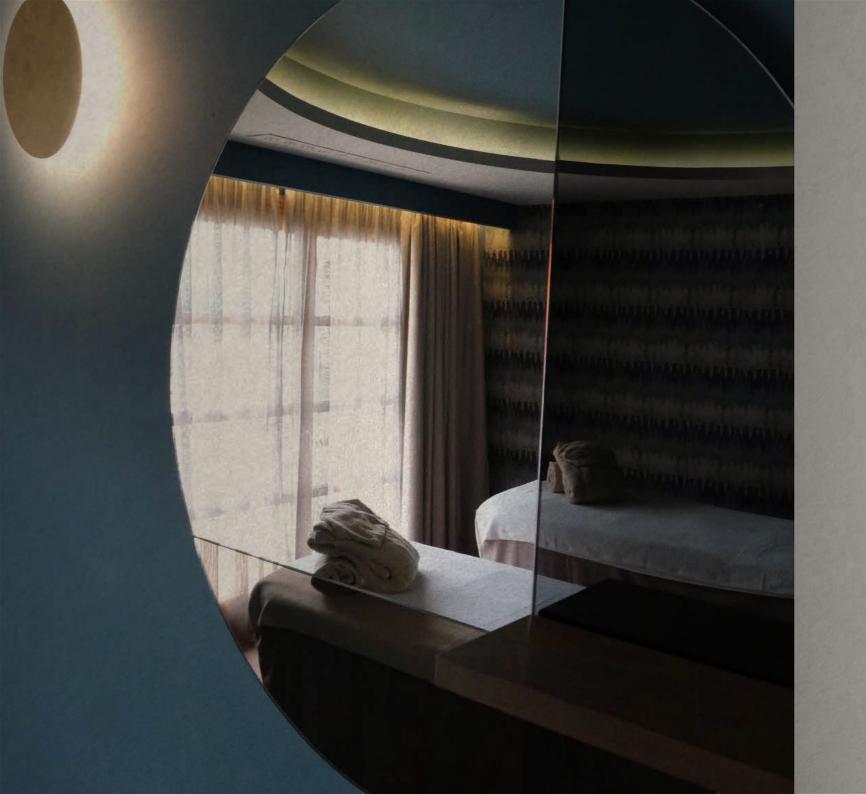
Traditional finish Gel Nail finish

## EYE TREATMENTS

Threading
Eyebrow shaping

## HAIR REMOVAL

Waxing





#### YOUR APPOINTMENT

In order to enjoy the full benefits of your spa experience, we recommend that you arrive 15-30 minutes ahead of your booked time. This will allow you to change into a robe, complete a pre-treatment consultation form, and begin your relaxation journey in all the comforts of our fully immersive ambiance.

If there is anything that we can do to enhance your experience in any way, please do not hesitate to speak to one of our spa staff, who will be more than happy to make your experience a memorable one.

We are here to help.

#### GIFT CERTIFICATES

Why not show a loved one how much you care with a gift certificate for their very own revitalising treatment at The Savoia Spa? Book a relaxing massage, a rejuvenating beauty treatment, or an unforgettable spa ritual, and give them the gift of bliss and tranquillity.

For more details Email: Savoia.spa@radissoncollection.com or Telephone: +39043602003

SHARE "FOR THE LOVE OF SPA"



## GET IN TOUCH WITH US

## FOR BOOKINGS OR MORE INFORMATION

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e: savoiaspa@comfortzone.com

w: grandhotelsavoiacortina.it/en/spa

#### **OPEN HOURS**

Monday to Sunday

9am - 8pm by appointment

#### LOCATION

Grand Hotel Savoia, Via Roma 62, Cortina d'Ampezzo 32043, Italy



